

City of Westminster

6 Person Volleyball Rules

1. Team rosters:
 - a) Players name must appear on roster and they must be 18 years of age
 - b) Teams may have up to 12 players on roster
 - c) Rosters are frozen half way through season (week 5 of ten week season)

2. Game Regulations:
 - a) Each team will play 10 matches. Each match will consist of 3 games, and all games will count toward final standings.
 - b) The first two games will be played to 25 points –must win by 2(cap of 27). The third game will be played to 25 if > 20 minutes are left and 21 points (cap of 23) if <20 minutes. If less than 15 minutes are left in the match, then the game will be played to 15 (cap of 17).
 - c) Game time is forfeit time. At 10 minutes after scheduled start time, forfeit of second game, and at 15 minutes after, the match is officially a forfeit.
 - d) Teams are allowed 2- thirty second time outs.
 - e) Teams may warm up in between matches if time is available.

3. Team Composition:
 - a) Teams may have 3 males and 3 females on the court.
 - b) Minimum number of players to start a game = 4
 - c) Minimum number of males = 1 and the maximum = 3
 - d) Minimum number of females = 2 and the maximum = 5
 - e) Substitution can be player for player, or center back rotation (if started must use the entire game).

4. General Rules:
 - a) USAV rules will apply to all games.
 - b) If the ball is contacted more than once on a side, it must be touched by a female before it goes over the net.
 - c) Rally scoring will be used, let serve is good, one toss per serve.
 - d) First ball over may be played with double contact, but not a lift.

- e) When playing with fewer than 6 players, the opposing team will be awarded a point and the serving team takes a side out when the “ghost” is up to serve. Players must keep their front and back row status.

5. League specific rules:

- a) Line calls will be made on the honor system and if not agreed upon then a replay will be signaled.
- b) Players receiving a red card will be done for that game and if given a second red card will be asked to leave the facility (further sanctions may be given upon review by specialist).
- c) Tie breaker procedure- head to head, points scored, points given up
- d) Teams are asked to help with setup and take down of equipment.
- e) Children and spectators are welcome as long as they stay court side.
- f) Use of the facility is not allowed unless a drop in fee has been paid.
- g) Captains are responsible for their players knowing the rules and for their actions during play.
- h) Standings will be updated and posted to the web schedules.
- i) Adult Sports Specialist has elastic power in making decisions that benefit the league.